



DR. JULIE MARSHALL  
DR. DOUGLAS BAXTER  
*Family & Cosmetic*  
DENTISTRY

### **Post-Operative Instructions for Sealants**

- ◆ Today, when we painted your teeth, we went a long way to protect you against tooth decay. You'll still need to brush and floss, but now you have extra protection.
- ◆ Because of your new sealants there are some things you might want to avoid:
  - hard or sticky candy such as jolly ranchers
  - bubble gum
  - chewing on ice
- ◆ In order to maintain the warranty given to you for sealants, we will need to see you on a regular basis for cleanings and examinations. We want to make sure the sealants are working for you.

***Thank You for choosing our practice for your Oral Care.***

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