



DR. JULIE MARSHALL
DR. DOUGLAS BAXTER
Family & Cosmetic
DENTISTRY

Post-Operative Instructions for Dental Fillings

To keep your mouth comfortable after having a filling, and to ensure that your filling sets properly, follow the tips below:

- ◆ If we used anesthetic, your lips, teeth, and tongue may be numb for several hours after the appointment. Avoid chewing anything until the numbness has completely worn off.
- ◆ It's normal to experience some hot, cold, and pressure sensitivity after your appointment.
- ◆ Your gums may be sore for several days. Rinse three times a day with warm salt water (one teaspoon of salt in a cup of warm water) to reduce pain and swelling.
- ◆ Don't chew hard foods—and don't chew directly on new silver fillings for twenty-four hours following the appointment. If possible, chew only on the opposite side of your mouth. You may chew right away on white fillings, because they set completely on the day of the appointment.
- ◆ If your bite feels uneven, if you have persistent pain, or if you have any other questions or concerns, please call our office.

Your Comfort is Our Number One Concern.

Dr. Julie B. Marshall and Dr. Douglas Baxter
152 North Broad St., Winder, Ga 30680
Phone (770) 867-4715 Fax (770) 868-1564

www.baxterandmarshall.com